

Freshen Up Those Non-Raw Bowls

We are aware that not everyone is ready, or even able to, switch to full raw. This is a list of things that can be added to spice up a non-raw bowl.

- Eggs - chicken, duck or quail (even goose or turkey for those large breeds). Add them raw on top of the current food 2-3 times a week.
- [Small oily fish](#) - they can be given frozen, defrosted, as a snack or on top of food.
- Dark leafy greens - spinach, kale, broccoli for example are great. Lightly steam to aid digestion or blitz them up. Feed 1 tablespoon per 10kgs of dog weight, every 2-3 days.
- Mixed berries - raspberries, blueberries, cranberries are all fabulous choices. Blitz or crush a little to aid digestion. Limit to a small amount though as they do have sugar in, albeit natural.
- Organic spirulina such as from 2-3 times per week, mix with some water or bone broth and start with a ⅓ of the dose and build up slow over 3 weeks to the full dose for a nutrient booster.
- Fresh mussels - Must be cooked and de-shelled (never feed the shell).
- Frozen mussels - Should state "cook and frozen".
- Pre-made dog safe [Bone broth](#).